

FRESH BREAD SERVICE & MORE



TYROL
family retreat

Our selection of rolls

“Paarl” sourdough bread roll
(105 gr.)

€ 1,45

(1)
vegan, lactose-free



Pretzel rolls
(70 gr.)

€ 1,50

(1)
vegan, lactose-free



Organic Kamut spelt roll with seeds
(65 gr.)

€ 1,15

(1, 7)



Nut spelt rolls
(65 gr.)

€ 1,30

(1, 8)
vegan, lactose-free



Kaiser roll
(56 gr.)

€ 0,80

(1)
vegan, lactose-free



Mini multigrain rolls
(35 gr.)

€ 0,75

(1, 6)
vegan, lactose-free



Mini pumpkin seed rolls
(35 gr.)

€ 0,75

(1)
vegan, lactose-free



Crusty bread loaf
(580 gr.)

€ 5,90

(1)
vegan, lactose-free



Yeast braid
(300 gr. without raisins)

€ 6,40

(1, 3, 7)



Butter-Croissant
(60 gr.)

€ 2,30

(1, 3, 7)



Our selection of gluten-free rolls

Gluten-free Kaiser rolls

(70 gr.)

€ 1,30

(3,11,15)
gluten-free, lactose-free



Gluten-free pretzel rolls

(70 gr.)

€ 1,30

(3,11)
gluten-free, lactose-free



Gluten-free pumpkin seed rolls

(70 gr.)

€ 1,15

(3,7,10,11,15)
gluten-free



Gluten-free "Vinschgerle"

(70 gr.)

€ 1,30

(3,7,11,15)
gluten-free, lactose-free



Nespresso capsules

Minimum purchase: 1 pack of 10 capsules

€ 8,00 per pack

Variety	Intensity	Aroma
Vienna Lungo	6	soft/balanced
Tokyo Lungo	6	floral
Stockholm Lungo	8	malty/strong/intense
Volluto Espresso	4	fruity/sweet
Roma Espresso	8	woody
Arpeggio Espresso	9	cocoa note
Arpeggio Decaffeinato	9	cocoa note

For a delicious breakfast

Simply order with the fresh bread service

Milk/Yogurt:

1 litre mountain milk UHT (3.5% fat), Mila	€ 1,90	(7)
1 litre lactose-free milk, Mila	€ 2,30	
125g natural yogurt, Mila	€ 1,30	(7)

Eggs:

6 Free-range eggs from South Tyrol	€ 3,90	(3)
------------------------------------	--------	-----

Butter:

125g butter, Mila	€ 3,00	(7)
-------------------	--------	-----

Jam:

270g apricot jam, Seibstock Manufaktur Martello	€ 7,90	
270g strawberry jam, Seibstock Manufaktur Martello	€ 7,90	

Honey:

250g South Tyrolean forest honey, Moser Parcines	€ 7,20	
--	--------	--

Hazelnut spread:

290g "Napolitaner" hazelnut spread, Loacker	€ 7,50	(8)
---	--------	-----

Muesli:

250g organic children's muesli, Fuchs	€ 5,50	(1,7,8,11)
250g organic corn flakes, Fuchs	€ 4,20	(1,6,8,11)

Sugar:

1kg sugar	€ 1,90	
-----------	--------	--

Salt/Pepper:

100g salt from the mill	€ 3,80	
50g mixed pepper, from the mill	€ 3,80	

Cocoa:

500g cocoa, Nesquik	€ 5,70	
---------------------	--------	--

Organic Tea per bag:

Black tea: Darjeeling; Earl Grey	€ 0,70	
Green tea: Gunpowder		
Fruit tea: Kids tea; Fruit mix; Ginger & orange		
Herbal tea: Peppermint; South Tyrolean herbs; Mountain herbs; Chamomile		

Cold cuts – sliced and vacuum-packed:

120g salami (finely sliced)	€ 5,30	
120g South Tyrolean branded speck g.g.A.	€ 5,30	
120g cooked ham	€ 3,90	

Cheese – sliced and vacuum-packed:

120g Edam, full fat	€ 3,90	(7)
---------------------	--------	-----

Cheese – whole and vacuum-packed:

150g Stilfser g.U., full fat	€ 5,70	(7)
------------------------------	--------	-----

Drinks:

1 litre Merano mineral water (medium)	€ 2,70	
1 litre mountain apple juice, unfiltered	€ 3,90	
1 litre orange nectar	€ 3,20	

0.75 litre Prosecco Valdo DOCC	€ 15,00	
--------------------------------	---------	--

0.75 litre Redmoon Sparkling (alcohol-free apple sparkling wine)	€ 12,00	
--	---------	--

Allergens

1 (Cereals containing gluten, i.e. wheat, rye, barley, oat, spelled, Kamut or hybrid strains thereof, as well as products made from it); **2 (Crustaceans** and derived products); **3 (Eggs** and derived products); **4 (Fish** and derived products); **5 (Peanuts** and derived products); **6 (Soya beans** and derived products); **7 (Milk** and derived products (including lactose)); **8 (Nuts**, i.e. almonds, hazelnuts, walnuts, cashews, pecans, Brazil nuts, pistachios, Macadamia or Regina country nuts and derivatives); **9 (Celery** and derived products); **10 (Mustard** and derived products); **11 (Sesame seeds** and derived products); **12 (Sulphites** and sulfur dioxide); **13 (Lupins** and derived products); **14 (Clams** and derived products); **15 (Corn** and products made from it);

All types of bread can contain traces of sesame, tree nuts, soy and peanuts.

Origin labelling of meat, dairy products, and eggs
We always strive to use local ingredients. If necessary,
ingredients from the EU will be used.