










Fresh Bread Service & More



Our selection of bread rolls

	Price	Allergens <i>(see last page)</i>	
„Paarl“ from sourdough (105 gr.)	€ 1,45	(1) <i>vegan + lactose free</i>	
Pretzel roll (70 gr.)	€ 1,50	(1) <i>vegan + lactose free</i>	
BIO „Kamut-Spitz“ with grains (65 gr.)	€ 1,15	(1, 7)	
Spelled roll with nuts (65 gr.)	€ 1,30	(1, 8) <i>vegan + lactose free</i>	
Kaiser roll (56 gr.)	€ 0,80	(1) <i>vegan + lactose free</i>	
Multigrain roll mini (35 gr.)	€ 0,75	(1, 6) <i>vegan + lactose free</i>	
Pumpkin seed roll mini (35 gr.)	€ 0,75	(1) <i>vegan + lactose free</i>	

Crust bread
(580 gr.)

€ 5,90

(1)
vegan + lactose free



Plaited yeast bun
(300 gr. without raisins)

€ 6,40

(1, 3, 7)



Croissant
(60 gr.)

€ 2,10

(1, 3, 7)



Kaiser roll glutenfree
(58 gr. frozen product)

€ 1,95

(6, 13)
vegan + lactose free



You can order via the digital guest directory

info.tyrol.it

- **Rolls for Sat & Sun: within Friday 11:00 a.m.**
- **Rolls for Weekdays: within 11:00 a.m.**

Fabric ring bag for the bread rolls,
please hang out the **night before!**

**You can find the rolls you have ordered at your apartment
door every morning from 7.30 a.m.**

For a delicious breakfast

Order at the bread service

	Price	Allergens <i>(see last page)</i>
Milk/Yogurt:		
1 lt. Milk from mountain UHT (3,5% fat)	€ 1,90	(7)
125 gr. Yogurt natural	€ 1,30	(7)
Eggs:		
6 pieces of free-range eggs from South Tyrol	€ 3,90	(3)
Butter:		
125 gr. Butter	€ 3,00	(7)
Jam „Seibstock manufacture“		
270 gr. Apricots from Val Venosta	€ 7,90	
270 gr. Strawberry from Martell	€ 7,90	
Honey		
250 gr. South Tyrolean Forest Honey	€ 7,20	
Hazelnut spread cream (Company Loacker):		
290 gr. Napolitaner – hazelnut cream	€ 7,50	(8)
Cereals:		
250 gr. BIO Kids Muesli	€ 5,50	(1, 7, 8, 11)
250 gr. BIO Corn Flakes	€ 4,20	(1, 6, 8, 11)
Sugar:		
1 kg Sugar	€ 1,90	
Salt/Pepper:		
100 gr. Salt from the mill	€ 3,80	
50 gr. Pepper (mixed) from the mill	€ 3,80	
Cocoa:		
500 gr. Cocoa powder (Nesquik)	€ 5,50	

BIO Tea's per bag:

€ 0,70

Black tea: Darjeeling; Early Grey

Green tea: Gunpowder

Fruit tea: Kids; Fruit Mix; Ginger and Orange;

Herbal tea: Peppermint; Herbs; Mountain Herbs;
Chamomile

Sausage, cut and vacuum-sealed:

120 gr. Salami (fine) € 4,90

120 gr. Bacon from South Tyrol € 4,90

120 gr. Boiled Ham € 3,90

Cheese:

120 gr. Edamer, full-fat, cut, vacuum-sealed € 3,50 (7)

150 gr. Stilsfer DOP, full-fat, whole piec, vacuum-sealed € 5,70 (7)

Juice/Nectar:

1 lt. Mineral water from Merano (medium) € 2,70

1 lt. Apple juice from South Tyrol € 3,90

1 lt. Orange nectar € 3,20

0,75 lt. Prosecco Valdo DOCG € 15,00

0,75 lt. Redmoon Sparkling (non-alcoholic sparkling apple wine) € 12,00

Nespresso capsules

(Minimum order 1 pack / 10 capsules)

LUNGO

Type	Colour	Intensity	Taste	Price
Vienna Lungo	orange	6	round and soft	€ 8,00
Tokyo Lungo	blue	6	complex and balanced	€ 8,00
Stockholm Lungo	green	8	rich and intense	€ 8,00

ESPRESSO

Type	Colour	Intensity	Taste	Price
Volluto	gold	4	sweet and light	€ 8,00
Roma	taupe	8	full-bodied	€ 8,00
Arpeggio	violet	9	intense creamy	€ 8,00

KOFFEINFREI

Type	Colour	Intensity	Taste	Price
Arpeggio DECAFFEINATO	violet black	9	intense creamy	€ 8,00

You want to do oneself well?

Breakfast-Room-Service

„HAPPY MORNING“ from 07.00 a.m. – 10.00 a.m.

You will enjoy our lovingly prepared breakfast in the privacy of your apartment. Breakfast in a bathrobe on the balcony / terrace or cosy in the living / dining area is the true pleasure experience.

Always in

Hot and cold drinks of your choice

*(Filter coffee - mild roast, decaffeinated coffee,
black tea, green tea, fruit tea & herbal tea,
Milk hot / cold, coffee cream and cocoa powder)*

Variations of butter, jam, honey, Nutella

Natural yoghurt and fruit yoghurt

- **daily new variations with:**

Mixed bread roll basket

Sweet surprise

Fresh fruits (seasonal)

"Tyrol" cold cuts (sausages and cheese)

Cereals

Juices

** Allergies or food intolerances are gladly taken into account as well as possible. Please note - thank you!*

HOW DOES THE BREAKFAST- ROOM SERVICE "HAPPY MORNING" FUNCTION?

- You cover your breakfast table by yourself.
- During the room cleaning (09.30 h - 14.00 h), the table including Thermos flask muesli cup, seeds pipe and juice bottles (please possibly leftovers, which you want to eat later in the fridge) went put in the dishwasher and cleaned. Please clean dishes even dispel - thank you!



Prices – HAPPY MORNING

	Daily rates	Saver prices from 7 days
Up to 1,99 years	free	free
2-5,99 years	€ 9,00	€ 8,00
6-9,99 years	€ 12,00	€ 11,00
10-13,99 years	€ 19,00	€ 17,00
From 14 years	€ 24,00	€ 22,00

Please note that the breakfast room service “Happy Morning” can only be booked for the entire number of people in the apartment.

Registration:

For SAT & SUN within Friday 11.00 h

Weekdays until the day before 11.00 h

You can order at the reception

Tel.: 135

Allergens

Nr.	Allergen
1	Cereals containing gluten, i.e. wheat, rye, barley, oat, spelled, Kamut or hybrid strains thereof, as well as products made from it
2	Crustaceans and derived products
3	Eggs and derived products
4	Fish and derived products
5	Peanuts and derived products
6	Soya beans and derived products
7	Milk and derived products (including lactose)
8	Nuts , i.e. almonds, hazelnuts, walnuts, cashews, pecans, Brazil nuts, pistachios, Macadamia or Regina country nuts and derivatives
9	Celery and derived products
10	Mustard and derived products
11	Sesame seeds and derived products
12	Sulphites and sulfur dioxide
13	Lupine and derived products
14	Clams and derived products

All types of bread and muesli/cereals can contain traces of sesame, tree nuts, soy and peanuts.

Indication of provenance of meat, dairy products and eggs

We always try to use local ingredients. If necessary, ingredients from the EU are used.